

# What type of creator are you?

In order to be highly productive, it's helpful to understand what makes you feel the most productive and how do you get the best use out of your time. There are 3 main elements that at play into being productive: On a scale of 1-5 ( 5 being the strongest) Circle where you fall in each category.

## Planning:

This is focusing on, how much you time you spend planning out your creative work.

1 2 3 4 5

Do you develop a strategy, do you create sketches, or do you dive head first into creating?

## Creating:

This is the time that you're spending doing the creative work.

1 2 3 4 5

## Life/ feeding your mind:

What's taking place during all of the times that you aren't creating.

1 2 3 4 5

How are you spending your time and energy?

## Planning + creating without much of life:

If you find that you're all about making and implementing plans, but don't allow for much free time, playing , or experimenting, this is where you fall. People that are great at planning and creating can get a lot done in a short amount of time. However, they aren't great at coming up with new ideas because they aren't taking the time to feed their minds. If this is you, you need to create space in your life for some curiosity, or you need to surround yourself with curious friends that will naturally feed ideas, information, and inspiration to you.

## **Planning + Life/**

## **feeding your mind without creating:**

If this is you, you love to come up with ideas, talk about ideas, and are curious. However, you're not so great at follow through and getting things done. If you're great at coming up with ideas, but not implementing them, you need to hire a coach, get a mentor, or set strict deadlines that make you create your ideas.

## **Creating + Life/ Feeding your mind without planning:**

If this you, you're awesome at getting an idea and launching into action. You also love to spend a lot of time reading, looking at other people's work, and getting inspiration. While it's a great skill to put your ideas into action, sometimes they aren't as good or as strong as they could be if you spent a little time planning. If this you, be aware that sometimes you might need to back up and do some planning.

## **Planning + creating + life/feeding your mind:**

This is what we're all shooting for, but not likely where anyone falls naturally. In this space you're great at planning out your ideas, creating them, and at the same time taking in information around you.

If this isn't where you fall, what are you lacking and what can you put into place in your life to make that area stronger?